



## **Baked Thai Spring Rolls**

Season: Spring Type: Side

**Serves:** 32 tastings

From the garden: Spring onion & broccoli

Class focus: Wrapping spring rolls



## **Equipment: Ingredients:** 2 pieces of glass noodles (see instruction below) Large mixing bowl x 1 Wooden spoon x 1 1 carrot (skin-on, roughly grated) ½ broccoli (stem included, finely chopped) Sieve x 1 Chopping boards and knives 1 spring onion (white & green part, finely chopped) Grater x 1 32 spring roll wrappers Measuring spoons Measuring cups Seasoning: Baking tray x 2 2 tablespoons soy sauce Baking paper 2 teaspoons sugar Serving plate x 5 1 tablespoon cornflour Kitchen tong x 5 10 grinds pepper Red ramekin x 5 Serve with 1 tablespoon of sweet chilli sauce in each

red ramekin

## What to do:

- 1. Heat the oven to 200C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. In a large mixing bowl, soak the glass noodles with boiling water for 2 minutes.
- 4. Drain the noodles and cut them into 3cm lengths.
- 5. Put all the ingredients **except spring roll wrappers** in a large mixing bowl, mix evenly.
- 6. Place a spring roll wrapper on a dry work surface, with one corner facing you.
- 7. Place 2 tablespoons of the mixture diagonally along the center.
- 8. Fold in the ends and roll up firmly to enclose filling.
- 9. Repeat with remaining wrappers and filling.
- 10. Place on the lined baking trays.
- 11. Bake for 15 minutes or until golden.
- 12. Serve into 5 serving plates with the sweet chilli sauce and a kitchen tong in each.

## For gluten free option:

- Use gluten free plain flour
- Use rice paper wrapper
- Use gluten free soy sauce