



Tortillas

Season: Winter **Type:** Side

Serves: 32 tastings **From the garden:** -

Class focus: Rolling out the dough & cooking tortillas

in a frying pan



Equipment: Ingredients: 4 ½ cups plain flour Large mixing bowl x 1 Wooden spoon x 1 1 ½ teaspoons salt Rolling pins x 6 1 ½ teaspoons baking powder Measuring cups ½ cup canola oil Measuring spoons 1 ½ cups warm water (half cold water from tap Frying pans x 2 and half hot water from kettle) Small saucepan & lid Serving plate x 5 Kitchen tong x 5

What to do:

- 1. Prepare all of the ingredients based on the instructions in the ingredients list.
- 2. Put all the ingredients in a large mixing bowl.
- 3. Stir with a wooden spoon until mixture starting to come together.
- 4. Using your hand to gently knead the dough until it is smooth.
- 5. Transfer the dough to a lightly floured (½ tablespoon flour only) surface.
- 6. Divide the dough into 4 equal pieces.
- 7. Roll each piece of dough into a cylinder shape and cut into 8 pieces.
- 8. Using a rolling pin, roll out each piece until it is about the size of your eating plate.
- 9. Heat up 2 large frying pans over medium heat.
- 10. Put each rolled out dough into the <u>dry</u>, hot pan and turn over when starting to have some brown spots.
- 11. Remove from pan and stack in a small saucepan with a lid on until all tortillas are cooked.
- 12. Serve into 5 serving plates with a kitchen tong in each.

For gluten free option:

Use shop bought gluten free wrap.