



Apricot Cake with Rosewater & Cardamom

Season: Summer Type: Dessert Serves: 32 tastings

Class focus: Chopping apricot & juicing lemon



Equipment:

Large mixing bowl x 1 Small mixing bowl x 1 Wooden spoon x 2

Chopping boards and knives

Measuring spoons Measuring cups Juicer x 1

Deep baking tray x 1

Baking paper Kitchen tong x 5 Serving plate x 5

Ingredients:

8 apricots (roughly chopped) ½ teaspoon ground cardamom

2 teaspoons rosewater

3 cups plain flour 1 ½ cups sugar

1 ½ teaspoons baking soda

1 cup milk Juice of ½ lemon 1 cup olive oil

What to do:

- 1. Heat the oven to 170C.
- 2. Wash the fruits.
- 3. Prepare all of the ingredients based on the instructions in the ingredients list.
- 4. Put the <u>first 3 ingredients</u> in a small mixing bowl, mix evenly. Set aside.
- 5. Put the <u>next 3 ingredients</u> in a large mixing bowl, mix evenly.
- 6. Add the last 3 ingredients, mix until combined.
- 7. Pour cake mixture into a lined baking tray, spread it evenly.
- 8. Sprinkle with the apricots mixture.
- 9. Bake in the oven for 20 minutes or until golden brown.
- 10. Cut the cake into 32 pieces.
- 11. Serve into 5 serving plates with a kitchen tong in each.

For vegan / dairy intolerance option:

Use soy milk.

For gluten free option:

Use gluten free plain flour.