

## SUNSMART POLICY

### **Rationale**

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection and protected from over exposure to the sun whilst at school.

### **Aims**

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

### **Implementation**

- Children will be required to wear School Council approved school uniform, which will include shirts and skirts with collars, long sleeved garments, longer styled shorts and skirts, and broad brimmed hats (at least 6 cm rigid brim) during Terms 1 and 4 whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats (at least 6cm rigid brim) when outside.
- Appropriate School Council approved school uniform hats for students will be readily available in the uniform storeroom for purchase.
- Staff members may wear broad brimmed hats of their own choosing so long as they have a 6cm or greater brim. Staff can choose to wear a school supplied School Council approved school uniform hat available from the uniform store if they wish.
- Children without broad brimmed hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat may be restricted from playing outside.
- Children will be actively encouraged to wear a broad-spectrum water-resistant sunscreen (SPF30+). Sunscreen will be provided in each classroom, and on excursions. Sunscreen will generally be applied by students themselves or with the assistance of their sunscreen buddy according to the manufacturer's directions, under the supervision of teachers. Teachers may apply sunscreen to very young or disabled students if necessary, and if written parental approval is provided. The use-by date of sunscreen will be monitored and replaced when necessary.
- School Council also approves students wearing close fitting UV protection wrap around AS1067 sunglasses whenever they are outside.
- Whenever possible, outside activities on hot days will be scheduled before 11:00am.
- The School Council will provide adequate shade structures for students as practicable; particularly over high-density play areas such as sand pits and play equipment.
- The school newsletter and school assemblies will be used to highlight and reinforce the SunSmart message.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will seek accreditation as a Sunsmart school at the Anti-Cancer Council of Victoria at an appropriate time in the future.

### **Evaluation**

This policy will be reviewed as part of the school's 3 year review cycle.

This Policy was last ratified on 3<sup>rd</sup> August, 2020.